

# 1974 Track & Field Honor Roll (6/4/74)

St. Paul Pioneer Press by Chuck Dixon

(does not include all Regionals, Conferences, or the State Meet)

## 100 Yard Dash

Terry Lewis, Mpls. North :09.9  
Don Moore, Crookston, :09.9  
Dud Walters, Owatonna :09.9  
Bob Bauer, Park Rapids :10.0  
Carl Burney, Mpls. North :10.0  
Bill Larson, Bloomington Jefferson :10.0  
Scott McGarvey, Edina East :10.0

## 220 Yard Dash

Terry Lewis, Mpls. North :21.9  
Bill Larson, Bloomington Jefferson :22.3  
Cicero McGee, St. Paul Central :22.4  
Dwayne Sheppard, Blaine :22.4  
Tom Luckemeyer, St. Cloud Tech :22.5  
Don Moore, Crookston, :22.5  
Scott McGarvey, Edina East :22.5

## 440 Yard Dash

Steve Hagen, Buffalo :49.9  
Mike Newman, Rochester JM :49.9  
Bill Larson, Bloomington Jefferson :50.0  
Cicero McGee, St. Paul Central :50.0  
Mike Schafer, Park-CG :50.1  
Jim Golden, Fergus Falls :50.4  
Tom Kost, St. Cloud Apollo :50.4  
Roger Parlanti, Eveleth :50.4

## 880 Yard Run

Mike Newman, Rochester JM 1:54.5  
Ben Porter, Edina East 1:55.3  
Lee Branville, Virginia 1:55.4  
Rex Boutelle, Rochester JM 1:56.2  
Skip Chalker, Edina East 1:56.4  
Steve Reed, Robbinsdale 1:56.2

## One Mile Run

Steve Plasencia, Robbinsdale Cooper 4:15.2  
Tim Richardt, Rochester JM 4:19.6  
Tim O'Donnell, Simley 4:19.8  
Mike Mountain, St. Paul Highland Park 4:20.8  
George Ross, Wayzata 4:22.0  
Ian Keith, Rochester Mayo 4:22.9

## Two Mile Run

Mike Bollman, St. Paul Harding 9:10.0  
Mike Vought, Hastings 9:15.7  
Dale Kramer, Glenwood 9:19.1  
Gary Johnson, Edina East 9:25.8  
Dick Nelson, Mpls. Southwest 9:26.4  
George Ross, Wayzata 9:26.5

## 120 Yard High Hurdles

Jeff Hawkins, Elk River :14.5  
Tim Luczak, Duluth Denfeld :14.5  
Jack Brooks, Mankato East :14.6  
Al Lindberg, Mounds View :14.6  
Gary Palmer, Duluth Denfeld :14.6  
John Thorvilson, Robbinsdale :14.6  
Scott Van, Henry Sibley :14.6

## 180 Yard Low Hurdles

Tom Luckemeyer, St. Cloud Tech :19.0  
Jeff Hawkins, Elk River :19.3  
Jack Brooks, Mankato East :19.6  
Rob Ringer, Wayzata :19.7  
John Thorvilson, Robbinsdale :19.8  
Greg Mclver, Glenwood :19.9  
Gary Palmer, Duluth Denfeld :19.9  
Joe Stasney, Edina East :19.9  
Gary Yanagita, St. Louis Park :19.9

## 330 Yard Intermediate Hurdles

John Thorvilson, Robbinsdale :39.1  
Al Lindberg, Mounds View :39.4  
Scott Van, Henry Sibley :39.4  
Rob Ringer, Wayzata :39.6  
Steve Birkeland, White Bear Lake :39.7  
Jack Brooks, Mankato East :39.8

## 880 Yard Relay (4x200)

Austin 1:30.3  
Edina East 1:30.5  
White Bear Mariner 1:31.0  
Moorhead 1:31.0  
Owatonna 1:31.0  
Faribault 1:31.1  
White Bear Lake 1:31.1

## Mile Relay (4x440)

Rochester John Marshall 3:21.9  
Owatonna 3:22.5  
Park of Cottage Grove 3:24.0  
White Bear Mariner 3:24.3  
Austin 3:24.4  
Edina East 3:24.5  
Winona 3:24.5

## Mile Sprint Medley Relay (220,220,440,880)

Rochester John Marshall 3:32.6  
White Bear Mariner 3:33.9  
Edina East 3:34.3  
Owatonna 3:35.4  
Winona 3:35.4  
Mounds View 3:35.7

## Shot Put

Andy Walker, Park Center 60-6.25  
Kent Kitzmann, Rochester JM 57-8  
Leonard DeVos, Crookston 57-1.5  
Gary Zigan, Coon Rapids 55-6.25  
Tom Sorenson, Pine Island 55-6.25  
George Prochaska, Rochester Mayo 55-5.25

## Discus Throw

Pat Bailey, Mpls. Southwest 188-6  
Rick Ailts, Jackson 174-6  
Steve Mara, Minnetobka 168-1.5  
Phil Olson, Edina East 167-3  
Tony Dorn, Thief River Falls 165-2  
Al Boehne, Bloomington Jefferson 164-9

## High Jump

Jon Lageson, Biwabik 6-6.5  
Greg Jerve, Glencoe 6-6.25  
Jeff Hawkins, Elk River 6-6  
Brian Connelley, St. John's Preps 6-5.75  
Brian Campbell, White Bear Mariner 6-5  
Dave Finneman, Anoka 6-4  
Bill Holman, Rochester Mayo 6-4  
Gary Keith, Coon Rapids 6-4  
Dan Kosmoski, Owatonna 6-4  
Bob McCamy, Albert Lea 6-4  
Tom Nysteun, Northfield 6-4

## Pole Vault

Dana Powers, Moorhead 14-6  
Brian Mortland, St. Louis Park 14-5  
Bob Fleischman, Rochester JM 14-2.75  
Kip Sundgaard, North St. Paul 14-1  
Pete Swanson, St. Cloud Tech 13-6  
Steve Harsha, Park Rapids 13-3

## Long Jump

Dave Eiland, Mpls. Roosevelt 22-11.5  
Tom Luckemeyer, St. Cloud Tech 22-11.5  
Dave Finneman, Anoka 22-1.5  
Brian Budish, Robbinsdale Armstrong 22-1  
Jim Ellinghuysen, Albert Lea 22-1  
Martin Pepper, Eden Prairie 22-1